

Christian Schools Gr. 7-12 Track Meet

Date: Thursday, May 24, 2012

Location: Grant Park Track (450 Nathaniel)

Times: 8:30 am – Athletes warm-up/stretch
 8:45 am – Meeting of officials and workers
 8:55 am – opening/announcements
 9:00 am – first events begin

Schedule of events

* all times tentative as it is a continuous run meet

Track events

9:00am	1500m	<i>Races will be run in this order:</i> - grade 7 girls/boys - gr. 8 girls/boys - JV girls/boys - Varsity girls/boys
9:45am	200m heats	
10:45am	100m heats	
12:00pm	800m	
12:30pm	400m timed final	
1:30pm	200m FINAL	
2:00pm	100m FINAL	
2:30pm	4 x 100m Relay	

Field Events

Time	Long Jump	High Jump	Shot Put	Discus	Javelin
9:00am	Gr. 8 B	Varsity B	JV B	Gr. 7 B	Varsity G
9:45am	Gr. 8 G	Varsity G	JV G	Gr. 7 G	Varsity B
10:30am	JV B	Gr. 7 B	Gr. 8 B	Varsity B	JV Girls
11:15am	JV G	Gr. 7 G	Gr. 8 G	Varsity G	JV Boys
12:00pm	Gr. 7 B	Gr. 8 B	Varsity B	JV B	
12:45pm	Gr. 7 G	Gr. 8 G	Varsity G	JV G	
1:30pm	Varsity B	JV B	Gr. 7 B	Gr. 8 B	
2:15pm	Varsity G	JV G	Gr. 7 G	Gr. 8 G	

- If an athlete has a track event and a field event at the same time, **they must report to the track event first!**